

AHPD ADULT VOLLEYBALL LEAGUE WAIVER & RELEASE OF ALL CLAIMS & ASSUMPTION OF RISK

IMPORTANT INFORMATION

The Arlington Heights Park District (District) is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Volleyball is intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including but not limited to head/brain injury, back/neck injury, and bone and joint injury. Understandably, not all hazards and dangers can be foreseen. Certain risks include, but are not limited to, being struck by the ball, slip and falls, running into stationary objects and court fixtures such as support posts and guide wires, poor technique, becoming entangled in the net, collisions with other players, uncontrolled pursuit of the ball, uncontrolled jump by a blocker or spiker, improper techniques for landing on the court surface, fatigue, moisture from sweat on the floor, surface defects and irregularities, unsafe equipment such as nets with bolts protruding from supports or exposed footings, carelessness, poor conditioning, overexertion, poor sportsmanship, inadequate supervision or officiating, horseplay and all other risks inherent to volleyball. In this regard, it must be recognized that it is impossible for the District to guarantee absolute safety

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this league, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you might sustain as a result of participating in any and all activities connected with and associated with this league (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that I may sustain as a result of said participation. I further agree to waive and relinquish all claims I may have (or accrue to me) as a result of participating in this league against the District, including its officials, agents, volunteers and employees.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PARTICIPATION WILL BE DENIED if the signature of the participant and date are not on this waiver.

Season _____	Team _____	
Please Print <u>NAME</u>	<u>SIGNATURE</u>	Please Print <u>DATE</u>
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____

Please Print
NAME

SIGNATURE

Please Print
DATE

9.	_____	_____	_____
10.	_____	_____	_____
11.	_____	_____	_____
12.	_____	_____	_____
13.	_____	_____	_____
14.	_____	_____	_____
15.	_____	_____	_____
16.	_____	_____	_____
17.	_____	_____	_____
18.	_____	_____	_____
19.	_____	_____	_____
20.	_____	_____	_____